RAW + RICE - FORTITUDE VALLEY BUSINESS ORDER FORM

BUILD YOUR OWN BOWL

NOTES & DIETRY REQUIREMENTS:

1 THE BASE (PICK 1)

- [ ] SUSHI RICE
- [ ] BROWN RICE
- [ ] QUINOA
- [ ] MIXED GREENS

2 THE PROTEIN (PICK 1)

(CLICK TWICE FOR EXTRA) - $4.00

- [ ] [ ] SALMON
- [ ] [ ] TUNA / OCEAN TROUT
- [ ] [ ] WHITE FISH
- [ ] [ ] SOY TOFU
- [ ] [ ] POACHED CHICKEN

3 THE FRESHNESS (PICK 5)

EXTRA - 50c EACH

- [ ] **AVOCADO + $2**
- [ ] SHALLOTS
- [ ] RED ONION
- [ ] CUCUMBER
- [ ] CARROT
- [ ] EDAMAME
- [ ] WAKAME
- [ ] PICKLED GINGER
- [ ] CABBAGE
- [ ] GREEN CHILLI
- [ ] CORIANDER
- [ ] MINT
- [ ] BASIL
- [ ] BEAN SPROUTS

4 THE SAUCE (PICK 1)

ALL BOWLS COME WITH PONZU/ TAMARI
EXTRA - $1.00

- [ ] SESAME TAHINI
- [ ] GRAPESEED OIL & LEMON (GF)
- [ ] COCO-LIME (GF)
- [ ] WASABI MAYO (GF)
- [x] PONZU
- [ ] TAMARI (GF)

5 THE CRUNCH (PICK 1)

EXTRA - 50c

- [ ] WASABI PEAS
- [ ] CRISP SHALLOTS
- [ ] CRISP GARLIC (GF)
- [ ] COCO-FLAKES (GF)
- [ ] SESAME SEEDS (GF)
- [ ] TOBIKO (GF)
- [ ] NORI (GF)

- [x] **REGULAR** $15.90
- [ ] **LARGE** $17.90

6 THE DRINKS

- [ ] WATER $4.00
- [ ] COLA'S $4.00
- [ ] KOMBUCHA $5.50
- [ ] COCONUTS $5.50

SELECT YOUR FLAVOUR IN STORE

& CHOOSE FROM THE DRINKS

NAME:	PH:	BUSINESS:	PICK UP TIME: